

Be a Smart Consumer of First Aid and CPR Training

Your professional development as an early educator and child care provider is important. Meeting North Carolina state requirements for First Aid and CPR training is one part of your professional development. You want to spend your time and money wisely.

First Aid and CPR training may not be completed by on-line (only) learning.

There are many online First Aid and CPR courses that are advertised and use wording such as “taught according to AHA guidelines”, “AHA compliant”, or “nationally accepted”. These sites may claim to offer online training with no skills checks.

Blended learning is an accepted delivery model that some of the DCDEE approved agencies may offer. The learning combines online course content **with** in-person, hands-on skills evaluation.

First aid and CPR instructors must be certified by an approved national agency to train North Carolina child care staff. Here is a [list of the agencies](#). The instructor’s certification must be current. If you have questions about a trainer, please contact the national agency to express your concerns and confirm the trainer’s status.

See this link for more important information-

<http://news.hsi.com/onlineonlycpr>

